

Sports

The College provides facilities as well as coaching for various sports and games including Athletics, Badminton, Baseball, Basketball, Chess, Cross-Country, Cricket, Judo, Kabaddi, Kho-Kho, Netball, Powerlifting, Softball, Swimming, Table Tennis, Taekwondo, Volleyball, Weightlifting, Wrestling and Yoga. Our students have brought laurels to the college at International, National, All- India, Inter-University, Inter-College and State levels. Numerous sports activities are also organized for general students, sports students, teachers and non-teaching staff on the occasion of Annual Sports Day.

Whether admitted on merit- or sports- basis, any student can join sports and practice to achieve excellence at various levels of competition and even make it a career choice. Interested students can contact Dr. Sunita Arora or Dr. Seema Kaushik in the Department of Physical Education and Sports.